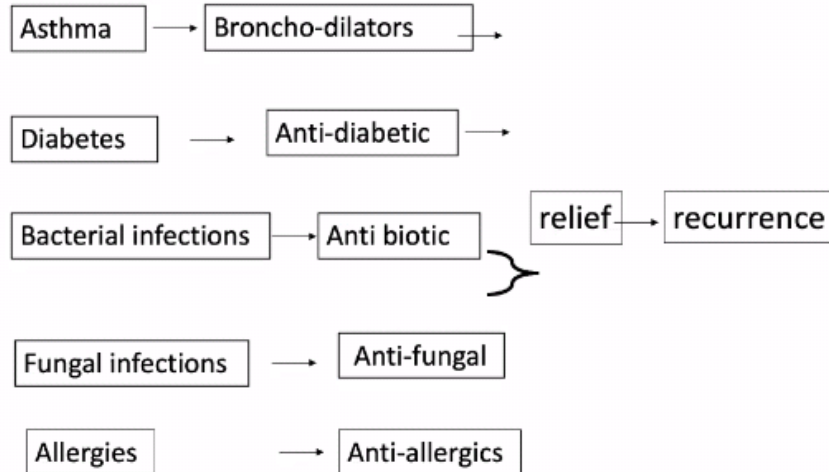


HYPERTENSION -

DR.s.v santosh kumar

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8.00 PM - 9.30 PM
Topic: **Managing Hypertension Homoeopathically**
Dr. S. V. Santhosh Kumar
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This is the usual allopathic approach, where palliation is done



If we treat the effect

- The effect will reappear in the same organ
- Or
- In other organ or location
- Or
- change it's expression

Disease always travels



Hahnemann taught us --

**1. To TREAT the MAN IN DISEASE
AND NOT DISEASE IN MAN.**

**2. To Treat the CAUSE so that the
EFFECT will disappear**



Traits Of Hypertension

- With Giddiness
- With Blanking
- With Headache
- With Perspiration

Patient will say

1. I had giddy feeling..

So went doctor.

Hypertension detected..

2. Few say I felt blankly feeling// emptiness.

3. says I had headache..

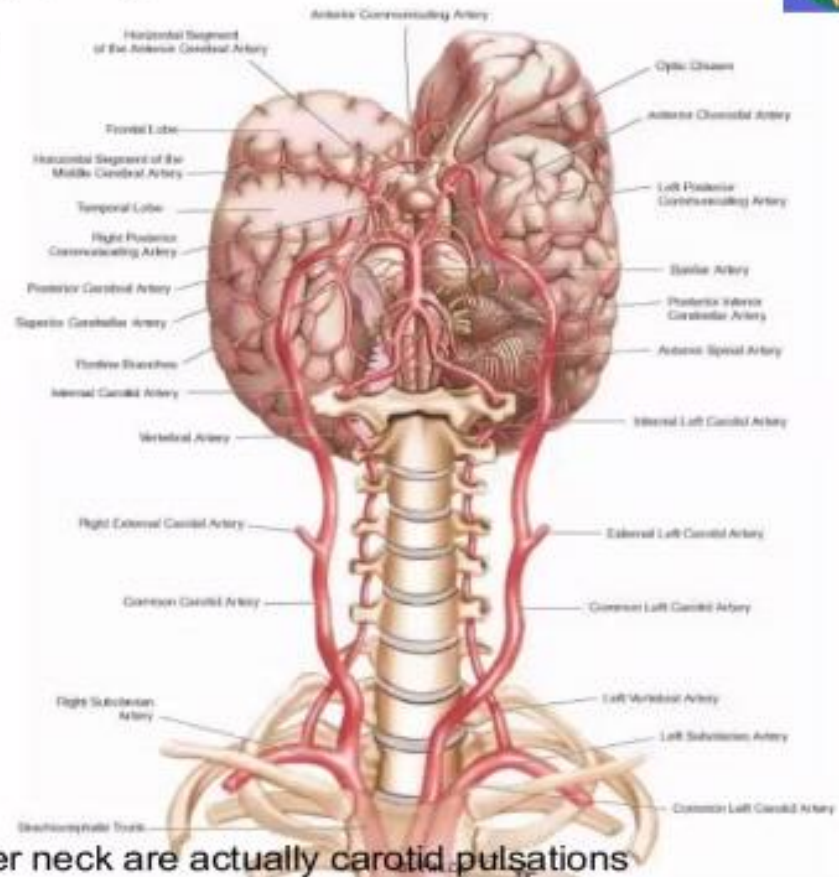
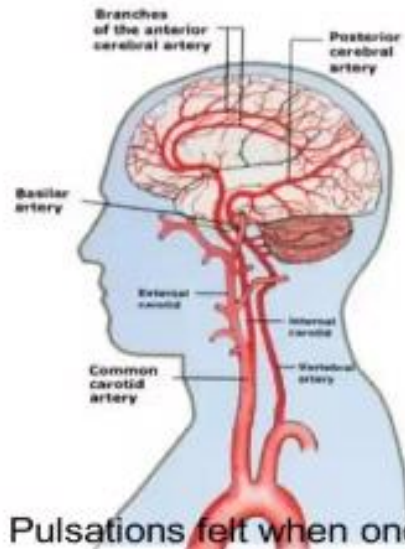
4. Few with come with increased perspiration.. Check up says increased bp.

So above 4 are the traits, through which we know Hypertension

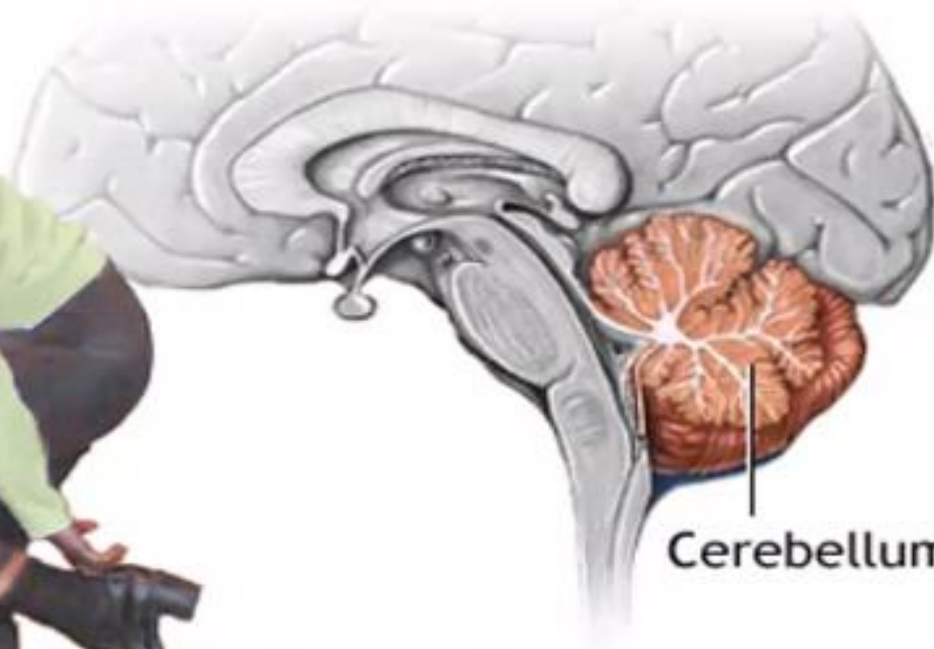
Blood supply to brain



- The blood vessels supplying brain are **two internal carotid arteries and two vertebral arteries**.
- Carotid artery contributes approximately 80% to the total cerebral blood flow, the remaining 20% coming from the two vertebral arteries



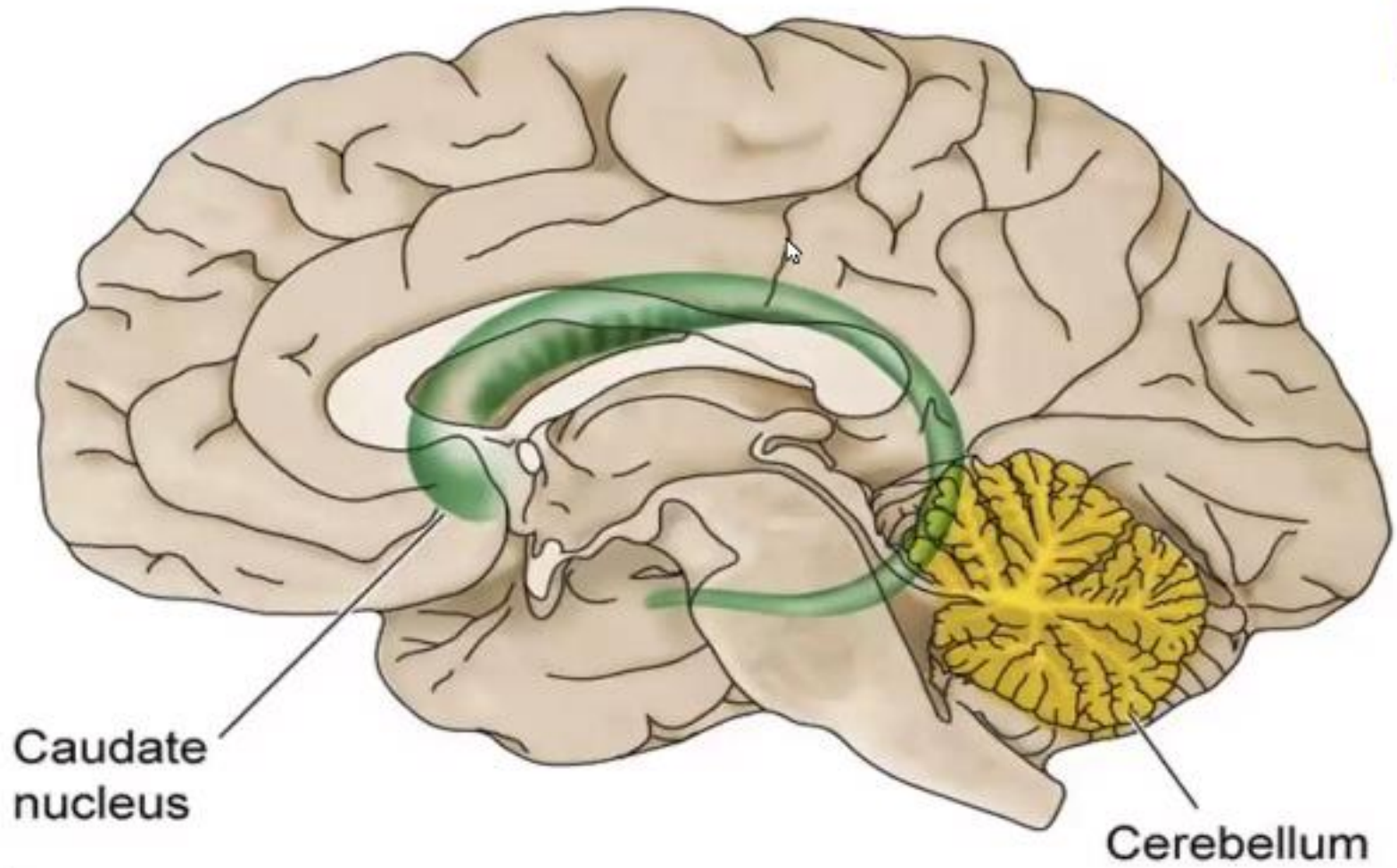
Pulsations felt when one keeps hand over neck are actually carotid pulsations



Cerebellum

Cerebellum helps provide smooth, coordinated body movement

 ADAM.



Caudate nucleus

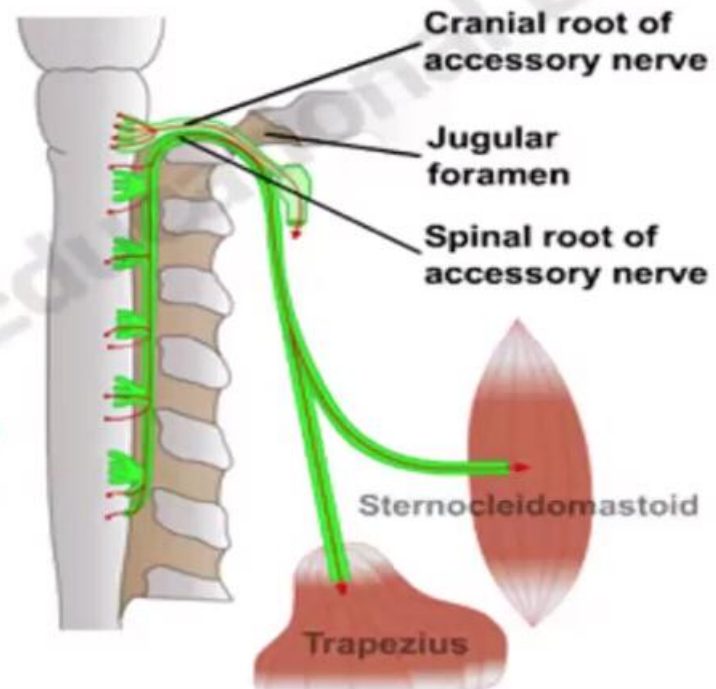
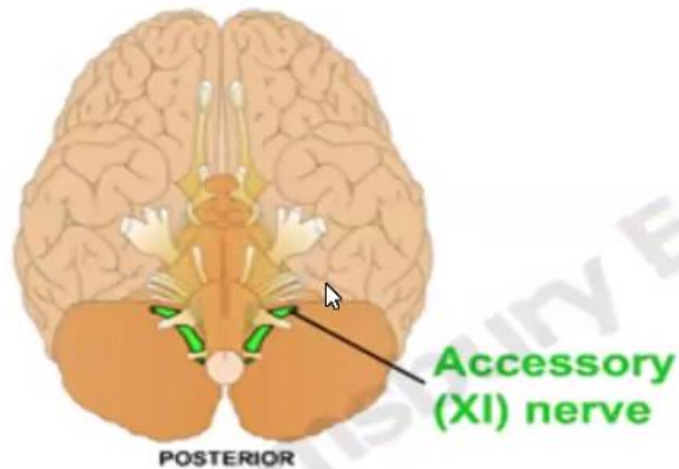
Cerebellum





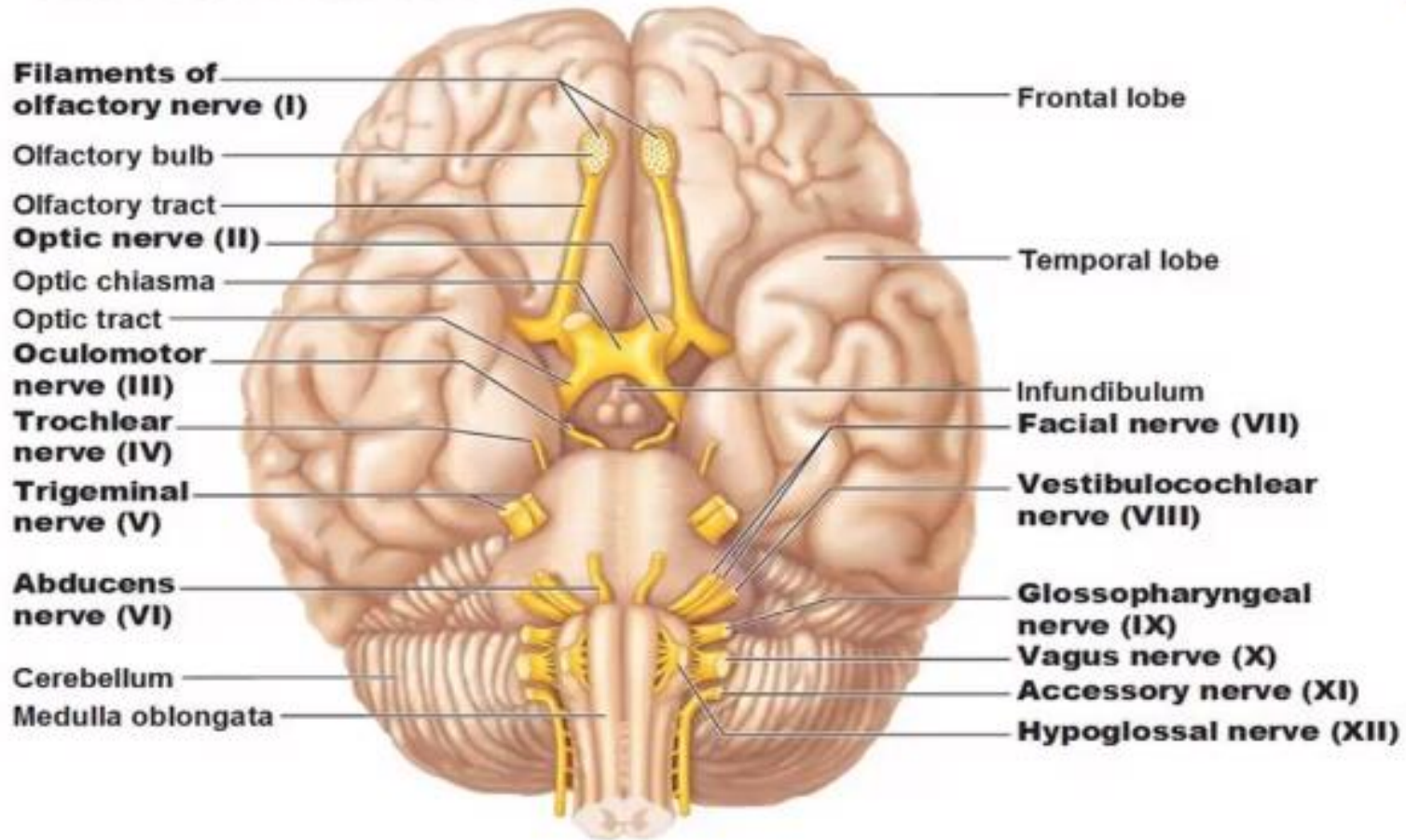
Accessory nerve (XI)

Inferior aspect of brain





The Cranial Nerves



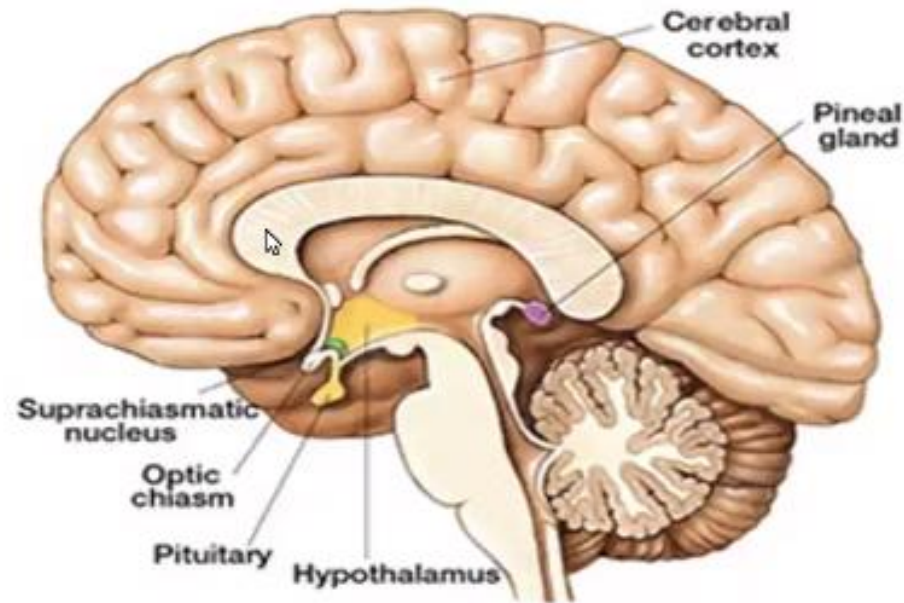
- Few may say giddiness..r/o
- Vestibular imbalance, sinusitis, eye comp, cervical problem.
- We have to find out basic reason.
- Normal blood supply to brain (upper part) need more blood supply.
- Heart has to pump against gravity.
- But brain. Demanding more blood means there is some problem inside brain tissue.
- Its a compensatory/ defence mechanism.
- Finally circulation is maintained.
- Medicine reducing bp is altering normal compensatory mechanism..
- So give medicine to cause
- Blood reaches caudate nucleus it can't hold much blood
- So it rushes to temporal lobe
- : Caudate nucleus- root through which blood is been distributed
- : Never frontal lobe bleeding
- : Always partial lobe bleed-- tempo-- occipital
- : Giddy is by compressing of medula oblongata
- Patient with giddiness is due to overactive.. So demands over active remedy



Over Active Remedies

- MORPHINUM
- OPIUM
- CANN SATIVA
- MOSCHUS
- LACHESIS
- IODUM
- TUBERCULINUM
- NITRICUMS
- SULPHUR

- **Opium, morphinum**- anxious future, can't complete work due to over active
- : **Nitricums, bromium**- extremely hurried, completes first part..they will then fall forward
- If work has to be finished- **canabis**---very fast
- : **Moschus**- drakulla, beautiful
- Contended with bp disconnected with private part.
- Hysteria, when sex not satisfied
- **Cham**- need here is of toy.
- **Lyco**- need of toy
- **Ignatia, nat mur**- need it clean and neatness- or else hysteria
- **Lachesis**- like snake comes out of hole and see weather any one there, similarly patients are watchful
- Spider remedy- means we will be caught
- **Iodum**- very fast, idiotic hurriedness, when standing giddiness
- **Tubbov**- come with bang, destructive
- **Sulphur**- capriciousness, sulphur will attend multiple webinars at same time and don't get anything



When caudate centre has excess blood and blood sent to sleep centre—they will be in sleepy state but active Here sleep over powering medicines





Sleep Overpowering Remedies

- NUX MOSCH
- OPIUM
- ACID PHOS
- ANTIM CRUD
- ARS ALB
- CARC
- STRAMONIUM
- HYOCYAMUS
- BELLADONA

- **Nux mosh-** extreme sleep, thirst less dry
- **Opium**
- **Acid phos-** mental weakness followed by physical weakness (opp- **mur acid**)
- **Ant cud, Ars Alb-** extreme prostration. But ars has restlessness, ant crud has loathing in life
- **Carcinocin- Arsenic** is Aristocratic remedy, censorious, critical, always want to blame others, but **carcinocin** never blame others, instead blame them self
- **Ars Alb-** selfish remedy
- **Carcinocin** -caring remedy
- **Stramonium-** violent, come and scratch person
- **Hyosymus-** stupid, insighting others
- **Belladonna-** when sick becomes violent, loquacious
-

2nd reason-BLANKING- empty feeling

- Blood supply to upper part is reduced,
- Blanking comes in Hypertension because- periphery is demanding more blood, there must be blockage in lower part of body.(renal disease, varicose vein,haemorage)
- Aphorism- 150- indisposition
- We have to go with cause
- Look for a/f
- Pathology changed from psora to sycotoc
- In sycotic case- don't go for causative factor
- Here consider, physical, mental & general make up has to be taken to consideration
- IN HTN- blanking
- @ medication bodies defence mechanism is altered.
- Kidney- blood pressure in small arteries along with bomans membrane, which filters blood and urine
- Any problem in glomerulr app- problem in filtration
- So heart pushes more blood to kidney

BLANKING

- RENAL DISEASE
- VARICOSE VEINS
- HEMORRHOIDS
- OEDEMA OF LOWER LEGS

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- If a patient complain of one or more trivial symptoms, that have been observed a short time previously, the physician should not regard this as a fully developed disease that requires serious medical aid.

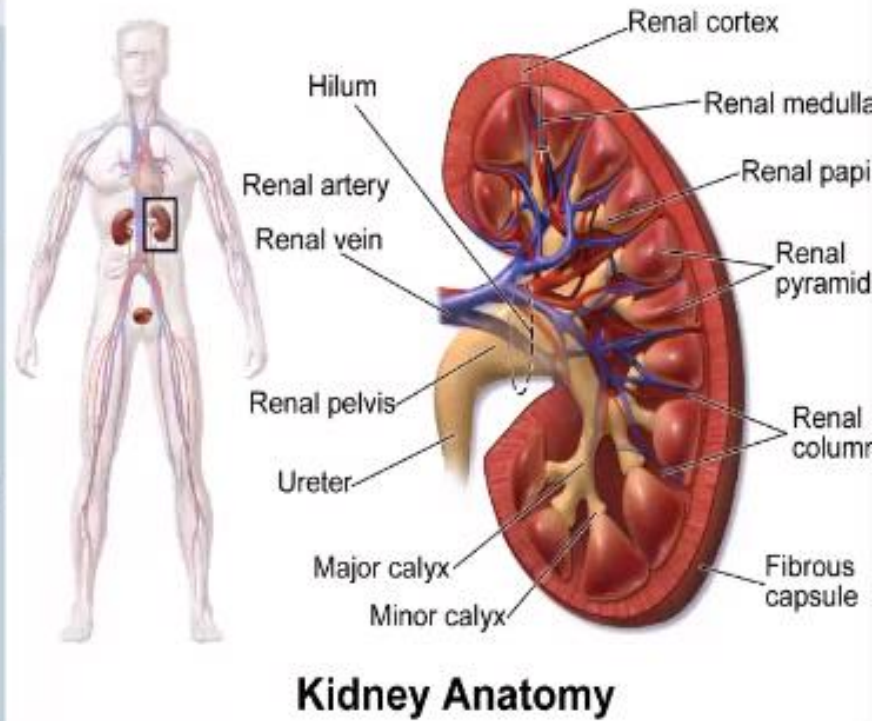
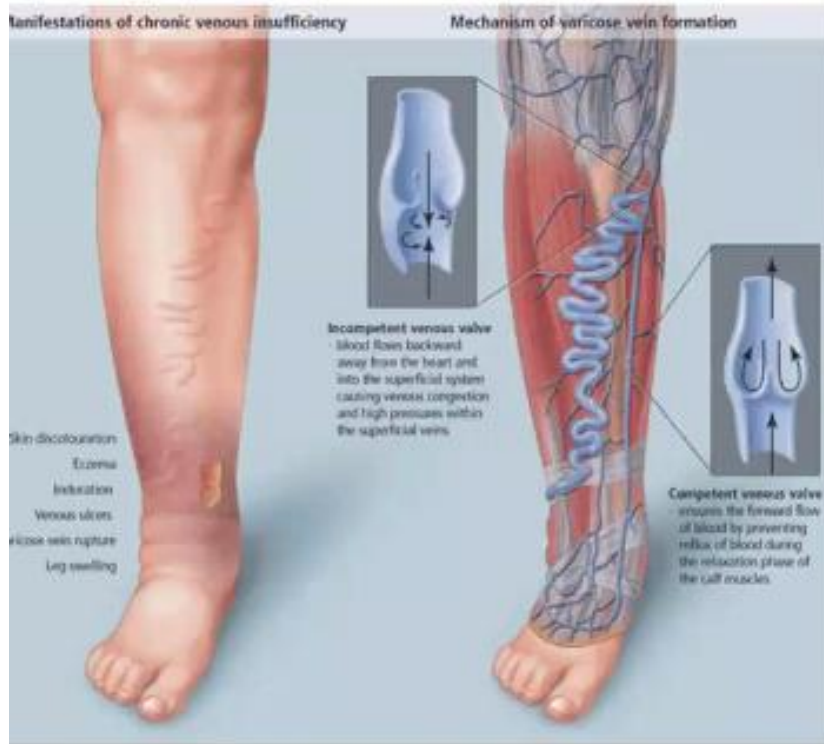
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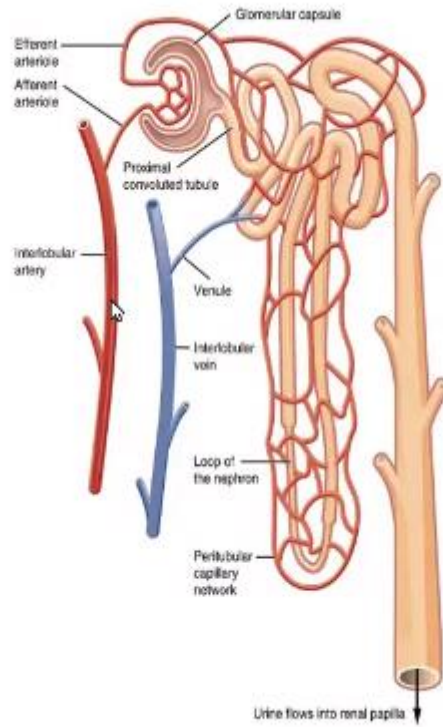


- Useful to the physician in assisting him to cure are the particulars of the most probable **exciting cause, of the acute disease,**
- as also the most significant points in the whole history of the **chronic disease, to enable him to discover its fundamental miasm.**
- In these investigations, the ascertainable physical constitution of the patient, his moral and intellectual character, his occupation, mode of living and habits, his social and domestic relations, his age, sexual function, etc., are to be taken in to consideration.



Mechanism Of Blanking





Plant remedies

- Asarum
 - Camphor
 - Staphysagria
 - Nux mosh
 - Helleborus
 - Bufo
 - Lycopodium
-

Mineral remedies

- Ammon carb
- Ammon mur
- Calcarea sulph
- Calcarea flour
- Argentum met
- Sulphur
- Alumina

- **Think medicine which – where think of slow and sluggish medicines**
- Here **mainly plant remedies**
- **1.Asarum** – sudden blankness, walking constantly but cant reach destination, cant understand what is going on
- **2. camphor-** blankness, they need to be repeat(**lycopodium-** dominative, want to prove they are good), memory lost
- **Staphysagria-** blankness due to shock after long time
- **Aconite-** immediate blankness @ shock
- **Opium-** ex bomb blast registered, whenever they hear sound- old thoughts come- fear,**opium and stromonium** have immediate weakness and go to bed and sleep, but **sulphur** wont sleep
- **Opium** has mental exertion, **sulphur-** physical
- **3. Nux mosh-** above to fall, so keep one leg forward, inv motion of one leg
- **4- Helliborus-** everything is slow, blankly feeling , always fall forward even while sitting.
- **5.BUFO-** calc body with **baryta** mind, baryta is very good mentally/intelectuly, **baryta carb** is routinist,do with full faith.
- Bufo can mentally do everything,
- **6.lycopodium-** they project themselves as good

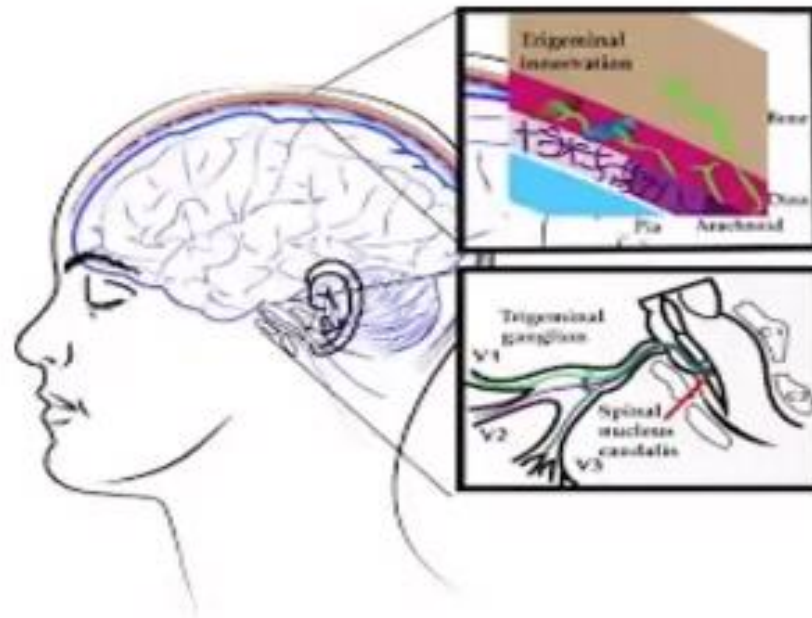
If bedding there- go with powerful remedy - Minerals

- Amm carb = nat mur + nux

Natrums introvert, nuxvomica angry, Couldn't express like staphy, discontentment.

- Ammonium means- smell itself pungent. When moon element comes(attachment to moter)
- 2.amm mur- attached to father
- 3.Calc sulf- chalck- cant be put in table, shell- needs protection
- 4- calc flur- they collect money, money- business thoughts. They like to accumulate everything
- 5- Argentums- silver, feels he is equally good as gold, so project my self as if good.
- 6- sulphur- capricious, changes job very soon (moschus- changes partners)
- 7.Allumina- allumium oxide- easy to mould, so this person parents have mould such a way that identity is lost. Thinks they need some support (baryta- does routinely when said) but for alumina u must say everyday, they need some one every time.

HEADACHE WITH HYPERTENSION



TYPES OF HEADACHE



**TENSION
HEADACHE**



MIGRAINE



**CLUSTER
HEADACHE**



**SINUS
HEADACHE**



**HYPERTENSION
HEADACHE**











**TMJ
HEADACHE**

Mechanism of headache in htn.

There are afferent fibers(towards cns)- innervations with meningeal blood vessels- get activated- pain located in first segment of trigeminal ganglion



	Overvoltage	Migraine	Arterial hypertension	Ischemic stroke	Low blood pressure
Localization	 <p>The whole head</p>	 <p>One side of the forehead</p>	 <p>The occipital region</p>	 <p>Pain in the side of the head</p>	 <p>Area crown</p>
The area of pain	Gradually increasing, squeezing	Pulsating, increasing pain	Pressing pain	Acute, growing	Pressing pain
Intensity	Small pain	Very severe pain	Severe pain	Severe pain	Small pain
Duration	From half an hour to a week	From several hours to three days	The entire period of increased pressure	Continued	Constant pain
What is accompanied by pain	 <p>Fear of light and sound</p>	 <p>Fear of light and sound</p>	 <p>The noise in the ears, dizziness, nausea, blurred vision</p>	Disorders of movement, vision, memory, speech, mind	Dizziness, tinnitus, fatigue, drowsiness



Headache From Hypertension

- Agnus castus
- Aurum
- Belladonna
- Carbo animalis
- China
- Nux mosch
- Glonoine
- Natrum mur

- **1. Agnus castus**- sphere of action action-cns
Headache in temporal area as if head fall forward
- **2 Aurum**- main feeling is responsibility, guilt of not fulfilling
- **Bell**- throbbing headache, stays long(**Glonoine**-for short time)
- **Bell**> pressure, **Glonoine** > moving forward
- **Carbo animalis**- pressure on eye lid
- **China/ Nux mosh**- heaviness with sensation as if brain is thrown to pieces ,> pressure, in china- frowning (u r the people who are causing problem to me)
- **Nat mur**- hammering < morning

HEADACHE WITH PERSPIRATION



Types of Perspiration.

- Thermal sweating
- Emotional sweating
- Gustatory sweating

Types of perspiration

Thermal sweating –

Emotional sweating- acrine and
epocrine

Gustatory- while taking spicy food



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- **In Htn there is emotional sweating**
- Emotion is connected with heart, so heart pumps more blood to brain
- **1.Swetting on scalp means- patient has confusion**
- **2.Sweating in tip of nose- means pt is very angry person**
- So **Nuxvomica, China, Nat.mur, Helliborus, Belladonna** are medicines.
- **3.sweatting in frontal part and coming down- they cant take decision of their own, ex- if some one joins webinar then I will join –INDICISSIVE- All Carbons, especially Amm.carb**
- **4. sweating in middle of face- patient is workaholic, want to do work now itself, highly ambitious- Rx- Aurum, Cuprum, Ferrum, Nux vomica, Nat sulf**
- **5. scalp sweatting & flowing through lateral stage- confusion with anxiety, irresolution with indisissiveness-**
- **Rx calcarias, Baryta, Kali & Stanums**

- 6. sweating in occipital(not neck)- confusion, which is hiding. Hiding confusion, but manages well. Ex-walking in street & when enemy comes there is confusion of what to do but hides and goes front.
- Rx **Lycopodium**(feels inferior, but projects superior), **lachesis**(hide back and comes) **crotalus cascavella**, **kali iod**, **crocus sativa & Bryonia**.
- Sweating from nape of neck & coming down- these patients are jovial, witty
- Rx **Stramonium**, **opium**, **Bryonia**, **coffea**, **camphor**, **crocus sativa**, **lachesis**.
- Sweating on forehead in few drops- person is in so much confusion, like to find out why confusion & thinks lot on it – **Ferrum magneticum**



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- There are but two principle methods of cure:
- the **ONE BASED ONLY ON ACCURATE OBSERVATION OF NATURE**, on careful experimentation and pure experience, the homoeopathic (before we never designedly used)
- and a second which does not do this, the heteropathic or allopathic. Each opposes the other, and only he who does not know either can hold the delusion that they can ever approach each other or even become united, or to make himself so ridiculous as to practice at one time homeopathically at another allopathically, according to the pleasure of the patient; a practice which may be called **CRIMINAL TREASON AGAINST DIVINE HOMOEOPATHY**

- Notes by: Dr.Abhijith A.P.C
- All slide photos credits- Dr. S.V Santosh kumar
- Thanks to IHK (Insight 2020) for organising wonderful webinar.