

# Dr. Muktindar Singh Lecture on

## SALVATION:-

*Notes by Dr. Manohara Mysore:*

Salvation is a kind of internal feeling of a person, that there are some circumstances which can harm me, when I am dead. After world is full of punishments. Our religious beliefs have given these sort of concept of heaven or hell. It has affected our mind. If you do bad, we will get punished in the future. It will cause anxiety which later on turn in to salvation anxiety. May be I have done something wrong and I will suffer the consequences. This kind of feelings we talked about in our last lecture.

PLATINA:

Has its own feeling of special. It's a precious metal. It is costlier than gold. Platina has a delusion/feeling that he is a special spiritual person, under superhuman control. Most of the religious baba's/cult they start feeling this when they are in their early childhood. They have a feeling that God has assigned me to do good to people/society. They believe that they have the responsibility of giving salvation to the people. They think they will get special powers on a particular day/time. They curse/give promises to people in the name of god. (God is speaking through them). Every religion/society you get platina. They have an inner desire that they should be worshipped. They want to be worshipped. They believe that they are not ordinary people and should be worshipped. Their message to the world/talk is Good or bad. Good deeds and bad deeds. Those who don't agree to them are evil/devilish. Those who agree to them are good and will go to heaven. If you contradict them they say "you will go to hell". They have the feeling that they are always right.

GOOD/EVIL. This is how their basic thought process goes on. If their ambitions are not fulfilled they say the world is becoming bad. They will relate it to evil. If their ambitions are thwarted they may feel that some evil force or the Devil is trying to destroy them.

This makes them fear for their salvation and worry about possession.

They are not at ease by looking at the bad things around them. So if people take their blessings then they say "you will be safe".

Their purpose of life is to destroy the evil. They believe that they are in communication with the god. One of my patients started saying that he has a supernatural power and he also offered me that if I do a particular puja, then my life will be good. And also all sickness in my clinic area will get cured. In spite of saying that I am not interested, he persisted that I should do that puja, otherwise my life will get spoiled. He used to say he gets the dream and in that dream God has told me to advise

you to do pooja. Once he got fever and had a delirium that he is too tall (he was 5 foot). Based on that he was cured with Platina.

They believe that they are christ or mary. And they think if they don't do their duty, they will get punished by the god.

They want god to give them importance. If they don't get this importance, they feel they are forsaken. Even sometimes it occurs among lovers, if one of the person is platina. If lover is not giving them importance, they feel they are forsaken. They start withdrawing from the society - estranged.

Also they feel they are not a part of the family. In a moment of desperation they can attempt to suicide. (aur.met). They want other person to kill them. They don't have courage to do so.

They have fear of death. Platina covers the rubric BEGGING.

BEGGING, ENTREATING SUPPLICATING

There is another side of platina.

BORROWING OF EVERYONE: only in a particular state. Not always. Only in a moment of desperation.

In a moment of desperation this remedy contemplates suicide but they would rather have someone else kill them, or assist them in suicide because they lack courage.

STRAMONIUM:

Religious mania, pious looks, praying, restless nights, inspired talking, singing, despairs of her salvation. If someone is left in a dark jungle without any weapons, support, security, what will be the feeling to the person? Same feeling Stramonium patient will have. Somebody will attack me, kill me. Fear with dilated pupil. Feeling of loneliness. Left alone in the street, when you don't have anybody close to you.

In the movie "Cast away", out of aloneness, he starts talking to a Ball, thinking it has his friends.

Praying is the basic human need. Though not of god, you can pray in another way.

Pray comes in when you feel alone, when there is not support for you. It comes out from the Soul. Stramonium has a very strong praying aptitude.

Mania with absolute rage, with disposition to strike and bite. In anger they get extra energy to fight. This fear and anger leads them to convulsions. Stramonium children try to put big pipe in a small

pipe. Their sense of size is altered. They try to put bigger objects in a smaller objects. Proprioceptive (sense of size and space) sense is altered. In stramonium this proprioceptive sense is altered.

They also feel, one of the part of the body is cut off.

#### ARGENTUM NITRICUM:

Salvation for the world is lost, beyond hope. Feels deserted, forsaken, despised, cannot succeed, does everything wrong. Good remedy for elders, in Geriatrics. When people get retired they start getting forsaken and will show symptoms. It's a remedy which seeks appreciation.

#### ARSENICUM ALBUM:

We see so many types of Ars. alb.

About salvation with excessive religious scruples, that he has not done his duty.

Religious delusions, being doomed, salvation is lost, contaminates everything she touches. It has many Generals, particulars, Mind symptoms and PQRS. It may cover 20% of the population. Ars. is one of the self-centered remedy, which seeks self security. They want to be treated fast. 2 loose stools will make them dehydrated. They feel being doomed, very early. About money, relationship they feel they are being doomed. In this ERA of CORONA they wash their hands repeatedly. Never take this rubric in OCD. Fear of contagious disease. They feel whole world is selfish. I remember one of the Ars. patient saying that my wife will be with me till I have money. Hence I have to save.

#### AURUM METALLICUM:

Aurum has a strong feeling of salvation. They feel worthless. One who has gold they always feel worthless. (Iachesis). I am no more useful to my family/office/patients. Guilt feeling He has done wrong. Unpardonable, everything will fail, obstacles in his way, partly by fate, partly by himself; he is lost, they are doomed. When teenager doesn't listen to their parents, the aurum parents think they have not brought up their children properly. They feel guilty. They feel worthless and want to end their life by committing suicide. This creates a lot of worthlessness, have done something wrong. Thinks he is unfit for this world.

We should know that all kids are not same. Hence we should tell stories in them, by which they should get confidence in their life. (not always about chitragupta). We should also tell them the

story of Krishna helping pandavas in many difficult situations. Calcarea needs the stories of confidence, saviours. We are not the real parents. Parent is God. We are just care takers. We are like Gardeners to our kids. We should know how much to give according to their needs.

#### CALCAREA ARS:

The patient is apprehensive about the future and about his salvation, especially at night.

Despair of recovery, of salvation. In this state they are often indifferent to pleasure.

They stop enjoying the play. Merc. will be doing mischief when others are telling story. It's a remedy where every emotion causes palpitation.

#### CHELIDONIUM:

Anxious about salvation, of conscience, feels she has done an unpardonable sin and will be eternally lost. Anxiety makes him so restless, no rest at any employment, as if she had committed a crime. I prescribed this to one patient who got bullet shot in the lower back, spine. They could not remove the bullet. He was in a wheel chair. He was getting a feeling of salvation, I cannot serve by countries. He used to raise his voice against the seniors.

#### GRAPHITES:

It is a great anxiety remedy. Trifles seem important to him. It is a chronic Pulsatilla. (puls - puberty, Graphitis - menopause).

Constipated person, caring for all, weeping in small instances, "Solicitude concerning spiritual welfare.". It has many shades.

#### HELLEBORUS NIGRA:

It has a feeling that he has to do great deed to the society.

Delusion unpardonable, is lost, and has neglected his duty.

If salvation is very strong in patient, then we should give it in high potency.

#### LACHESIS:

Loquacious,

worthlessness feeling. When life is not going in their way. Salvation is the topic of Inner peace. We should ask salvation when people are not happy despite having everything.

It is at the level of soul.

Salvation is lost from predestination.

Jealousy-drunkenness- beating to the wife. They think others are destined to be punished.

LYCOPODIUM:

Silent grief and melancholy, he doubts his salvation, Religious depression with mildness, weeping and silent meditation. They are very mild in front of the god.

MEDORRHINUM

Has lots of anticipatory anxiety.

They think they have committed some sin and it will be exposed. They reproach themselves. According to Hering, they have a feeling of hell.

MEZEREUM:

Outside is crust, inside there will be lot of pus.

They look through window for hours, without being conscious of objects around. From outside they look very cool.

NUX VOMICA:

Anxiety of conscience.

PLUMBUM METALLICUM:

When stronger people think of salvation, this metal is indicated.

Imagines she can only obtain peace and safety through absolution from a priest of papal church although a zealous protestant.

Protestant x Papal (blindly believe)

Asthiçx Nastiç

He is a logical man, but questions the god.

PSORINUM:

Anxiety about salvation in morning. This leads them to suicide.

They have a feeling of poverty although prosperous.(wealthy). They see no point in living poor. No point in living sick. Eh be koyi zindagi hai? Being in a deficient position.

SULPHUR:

Melancholy mood, dwelling on religious or philosophic speculations, anxiety about soul's salvation, indifference about lot of others.

They become indisposed to everything and everybody and do not want to be bothered.