

**Questions and answer session: on the Rubric- Anxiety Salvation of –By Dr. Muktinder Singh**

**Notes by Dr. Manohara Mysore.**

There was a patient who was saying that from last 1 year I have suffered a lot because of karma. Now during lockdown I am meditating on god. My hair fall is better. But boils are reappearing. She was a single mother. Divorcee. Though I have less business, still I am optimistic.

Difference between:

Anxiety salvation

Religious affections

Godless

Superstition

Moral feeling want of

Anxiety conscience of

All persons who are religious need not have salvation feeling. Every religious may not be spiritual person. A person is religious and he has salvation anxiety- Ignatia, Lyco, etc.,

Religious affections: these are the people who have religious feeling.

In India everyone has their own religion.

Religious and reading book (geetha, quron, grath saheb etc.,) - Religious and reading bible all the time.

We can see mixing rubrics like Religious + Anxiety; salvation; about.

Baryta terms is in religious, but not in Anxiety salvation rubric.

In this way we can learn more deeply and finer aspects of the remedy.

Bar.carb: feels dwarf and because of this he needs support and once he starts believing in god, he will be fixed. More of a routinist.

Anxiety salvation is "Mera kya hoga after I die". It is much deeper than religious. Arising from within. Religious is one you simply follow.- like doing poojas, observing rituals etc.,

Anxiety salvation is searching for something bigger.

Anxiety conscience of + Religious + Anxiety salvation of= we have fewer remedies.

Alumina- no anxiety salvation.

Anxiety conscience: as if guilty of a crime. A patient 35 yrs old male, of Motor neuron disease. It has started after the death of his wife 2 yrs back. (after 12 yrs of married life).

Wife's sudden death affected him. After probing deeply he revealed that she committed suicide after a fight. After this he developed fear that what will people say about me. He developed guilt that because of my shouting/fighting wife committed suicide. In this case he developed guilt. Basic feeling is fear, that he will be blamed.

After this he became religious because of guilt.

In this case I took rubrics Anxiety conscience + Religious.

Anxiety is anticipation of something which is about to come. In anxiety there is a question mark.

Delusion is very deep, he start believing in one idea. And after some time, it will become a part of that person's ego.

In delusion forsaken, no amount of counselling, talking will not change his thoughts. It is unalterable, unconvincing and unseperable. It will be a part of your entity.

Rhus tox= religious + anxiety conscience. I have prescribed Rhus tox to the person with Motor neuron disease.

Anxiety salvation can also lead you to religious. Please remember that every feeling/thinking is not a negative thing. It can be healthy state of the mind also.

In Mahabharatha Arjuna, after hearing from Krishna at the end of war, his Anxiety conscience changed into Anxiety salvation.

Punya or Paap ki thinking hota hai, it is Anxiety Salvation.

When treating Mania- first you have to take the altered disposition, present condition, then once it has settled then we have to think of constitutional remedy.

Earlier I used to treat a female who was having mania and found that her mania is because of suppressed sexual desire. She was better with Conium. I got a clue because she was touching her genitals repeatedly. I got a clue from this body language.

Better to make a video of the maniac patient and if you see it repeatedly, then you will get an idea about the correct remedy.

Homeopathy cannot be taught with the words. It's a matter of living.

Inquisitive and light desire for= difference.

It's more of a metaphor. I don't use metaphors in my practice.

I do not use metaphors in my practice and whenever I used these metaphors, I didn't get result.

When One remedy has helped a patient many times, we should not easily leave that remedy.

In anacardium it is more of Will contradiction of. It's more of dual mentality.

Anxiety patients suffer from deeper, bigger disease. Motor neuron disease, alteration in genetic code, more of a 5th, 6th and 7th layer.

This rubric has to be used with maturity.

Failures are part of our learning. But we should not repeat the mistake.

You need not prescribe to a patient with nervous exhaustion. Assurance + Good sleep would be sufficient. Also vitamins may also help. Diagnosis part is very important in treating/approaching the case.

Why religious feelings many a times gives Pain instead of Peace?

For this we have to understand and differentiate 4 things.

1. society 2. culture 3. religion 4. spirituality

A good christian can be a evolved soul.

Religion is path from where we can go to a destination.

Affectation and hippocrates take their shelter under the heading of Religion.

Because of this clashes happens.

Meditation sharpens our mind. But what we use this sharpness is more important.

Next topic would be AMBITION- comparative study with respect to Lachesis.