



THE INSTITUTION OF HOMOEOPATHS KERALA

Proudly Presents

 **Series of Free Live Webinar Sessions**



MAY 2020
29
Friday



Session 17

May 29 Friday 2.00 pm - 3.00 pm

Session 16

May 29 Friday 8.00 pm - 9.30 pm

Topic: " DD and management of dermatological cases "

Topic: " Either win or Learn , never lose on Paediatrics "



Dr. Suneef Haneefa

Chief physician Minhans Homeopathy, Muvattupuzha



Dr.M Radhakrishnan Nair

Homoeopathic Medical Centre. Nileshtar. Kasaragod.

Free Entry for first 1000 Registrations

SUMMERY OF SEMINAR ON "EITHER WIN OR LEARN NEVER LOSE ON PAEDIATRICS" -DR RADHAKRISHNAN NAIR

prepared by
Safwa usman. N

Homoeopathic medicines can

Reduces abnormality

Check excesses

Correct deviations

Gives mental & physical balance to the growing child

HOW TO REACH TO THE CONSTITUTION OF A CHILD

Observe-Interpret-Communicate-Understand-Apply-Verify

OBSERVE THE CHILD IN VERY FIRST MOMENT HE/SHE ENTERS OUR CABIN

- Mode of entry
- personal Appearance
- Personal effects
- Distence&Direction
- Answering mode
- Tone
- Interaction b/w parents &child
- Emotional status

DUAL OBSERVATION SKILL

- Now collect information from parents and observe both the parent and child without interfering with the child too much
- Ask about the predisposition of disease in parents family. Mother's history of pregnancy should be duly considered(Morning sickness, depression, poor diet, drugs)

Attitude towards toys

- Some children will sit & play with toys for long time but solitary-**Calcarea Carb**
- Some will not allow anybody to touch their toys, they r dictatorial-**Lyco**
- Beloved toys, receive friends cheerfully to others-**Phos**
- Crush the toys or play vigouresly spoiling within short of time-Medo
- Never be satisfied with any no. Of toys, but demanding for another-**Calc phos**
- Keep toys intact w/o making them working-**Baryta carb**
- Curious, what is inside the toys, but none of them workind-**Tuber**
- Ready to share only after spending with some time, or cry-**Puls**
- Many no. Of toys but take ½ toys-**Sulph**

Expression matters

EXPRESSION MATTERS ...

Read carefully the expression of different emotions of the child (anger, fear, anxiety, restlessness etc.)

For example, when the parents depart:

Some will stop crying suddenly -- PULS

Some will cry for long time -- PHOS

Some will moan and restless for long time -- CALC.PHOS

Some will sob for some time – NAT.MUR

Some will create problems for some time along with crying -- MEDO



Sleep will give some clues... . . .

- You should ask about nightmares and terrors, (**CALC.CARB, PHOSPH, PULS**) comfortable sleeping position, time of sleep and mood while waking
- Lying on abdomen- **CALC**
- Lying on back- **PULS**
- Knee chest position- **TUBER, MEDO, LYCO, CAL. PHOS, CARCI**
- There are many parents keeping artificial nipples for making their child sleep. When it is taken, the baby wakes up (**MEDO. & CALC**)



Certain children desire more freedom of movement during night hours - **CALC, MED, SULPH.**
Some children want to sleep with their parents -- **PHOS, PULS.**
Some children prefer to stay awake until late night -- **MEDO, SULPH.**
Some children have unrefreshed sleep -- **TUBER, MEDO, LYCO, PULS, ARG.NIT.**
Some babies sleep with half opened eyes – **LYCO.**
Insomnia in intellectual children -- **A.MET, SULPH.**
Some are always sleepy -- **BARYTA.CARB.**
Some are sleepless day and night – **CARCINOSIN.**
Also ask about desire and aversion for covering, thermal reaction, thumb sucking, nail biting etc.

○ RESTLESSNESS DURING SLEEP

. **Lyco**-Restless, change position frequently during sleep at night but never wake up or disturb others, they sleep well.

. **Calcarea carb**-Same as lyco but disturb others

○ ENURESIS&ENCOPRESIS

. **Natrum mur, Lyco, Silicia, Phos, Sulph** and never Tuber

○ MASTURBATION IN CHILDREN

. **In girls**- Tuber

. **In boys**-**Staphy**

. **Both**-**Medo**

ARGENTUM NITRICUM

- A mother fond too much sugar during her pregnancy.
- Maternal stress & anxiety during the prenatal period.
- Baby with loose, copious, yellowish, greenish stools with noisy flatus.
- Violent **purulent ophthalmia** especially in newborn.
- Anticipatory anxiety (stage fright). To overcome he need assurance, encouragement, & support from others
- Phobias, fears (visiting big hospitals, crossing roads, going up tall buildings, being alone), impulsiveness (impatient, hurriedness, unable to hide emotions).
- Craves sugar, salt & icecreams.

WHILE WAITING OUTSIDE OUR CHAMBER..

- They are restless and hurried before the appointment.
- They cant sit and relax outside while waiting to meet the doctor. They ask the assistant several times about their turn.
- They also tend to talk too much to their parents.

IN OUR CHAMBER..

- Once inside, they appear happy , jolly , extroverted and optimistic. This is because of the presence and support of their parents. They are usually smart and give answers to our questions promptly. They feel better when in company.

THIS IS VERY CHARACTERISTIC

- Argent. Nit. will typically have 5 to 10 min of suffering until he finds himself doing ok.
- After that they perform beautifully and with confidence.
- Assurance and support they receive goes a long way in reducing their initial suffering.

BARYTA CARB

- Dwarfish
- Immature, insecure, inadequate, inactive.
- 3 types
 1. Classical (h/o physical trauma)
 2. Mild pathology
 3. Very well at school but suddenly & w/o apparent reason starts falling behind.
- Social anxiety disorder.

IN OUR CHAMBER...

- The child comes behind the parents.
- They cling to and move with either the mother or the father.
- They hide behind the mother's dress and makes faces at you.
- Usually the mother makes the child seated.
- They are usually dull, reluctant to speak.
- They sit in the consulting room either looking at the floor or at the faces of their parents.

- When we talk to a Baryta, the child will look at its mother's face for an answer or may talk slowly to the mother because the doctor is a stranger.
- They will never destroy their toys
- They will also not have much interest in their toys.
- They usually sit looking at their toys.
- They are *inactive*.
- They are obedient where their parents are concerned.

- They will politely come and sit with their parents for studying.
- They will read aloud but they *do not know where to stop and where to start.*
- But if you ask any question from the read portion they wont be able to answer because of their *poor memory.* Hence the parent ends up taking the help of a tuition teacher due to their apparent incompetency in teaching their child.
- They have short term memory but poor long term memory.

- They are better in doing physical work. So the mother will love them in that aspect because they will help her in the household chores.
- They have poor self confidence and inability to make decisions.
- They wont go out alone and are usually lonely and needs company.
- They beg for company at school.
- They usually eat well so they look physically developed due to fat deposition.
- Even if they are physically developed they walk with touching their parents which looks very awkward.

CALCAREA PHOS

- Hyperemesis gravidarum in mother.
- Early infestation of worms. Diff. Types of worms.
- Moaning child
- Most dissatisfied child.
- Malnutrition
- Epiphyseal pain or growing pain without any physical exertion.
- Restless, difficult to get answers from, do not cooperate.
- A voracious appetite, feeble digestion, crave indigestible things.
- Convulsion w/o fever.
- Enuresis.
- Constant sighing

CLUE TO DIAGNOSE VACCINOSIS...

- In a child with acute complaints, there will be definite improvement almost to normal with an acute remedy.
- But the complaints may keep recurring and if the previous acute remedy is effective during the recurrence as well, the prescription of a constitutional remedy to the treatment will reduce further recurrences and improve long term results.

- If the acute remedy, which was previously effective, is ineffective during a recurrence, it indicates the presence of a vaccinosis.
- In such situations, we should break this obstacle to cure, by selecting an appropriate remedy against the vaccinosis.

CALCAREA CARB

CHILDREN -

- With a big head and late closure of fontanelles.
 - Sweats from head while sleeping – wets pillow.
 - Big abdomen with curved legs.
 - Pale , fat and flabby.
 - Late in learning to stand and walk.
 - Bones soft and develop very slowly – rickety.
 - Curvature of spine.
 - Difficult and delayed dentition.
 - Aversion to milk and meat.
 - Craving for undigestible things
- They will sit quietly, playing by themselves as long as the mother is near.
 - Babies only several months old can play by themselves for long periods of time.
 - In a room full of active children and loud adults the Calcarea child manages to remain intensely focussed on his play apparently unaware of anything around him.
- Don't expect Calcarea babies to be cold even though Calcarea is a chilly remedy. They are warm at this age and have a tendency to become overheated. they become restless and kick off their bed covers during the night hours but later on children begin to manifest the usual chill of Calcarea.
 - In 2 conditions
 1. Infants & children below 5 yrs
 2. Post menopausal womenCalcareas are hot patients.

- Calcarea is the constitutional medicine for infants who get recurrent acute bronchiolitis which is the commonest viral lower respiratory infection in infancy. This results from inflammatory obstruction of small airways hence also known as 'BABY CHEST INFECTION' or 'SMALL AIRWAY DISEASE' .
- This affects children mainly from first month to two yrs.
- In this, eosinophils release the eosinophil cationic protein which is cytotoxic to the airway epithelium. They also release Ig E antibodies which can lead to wheezing.

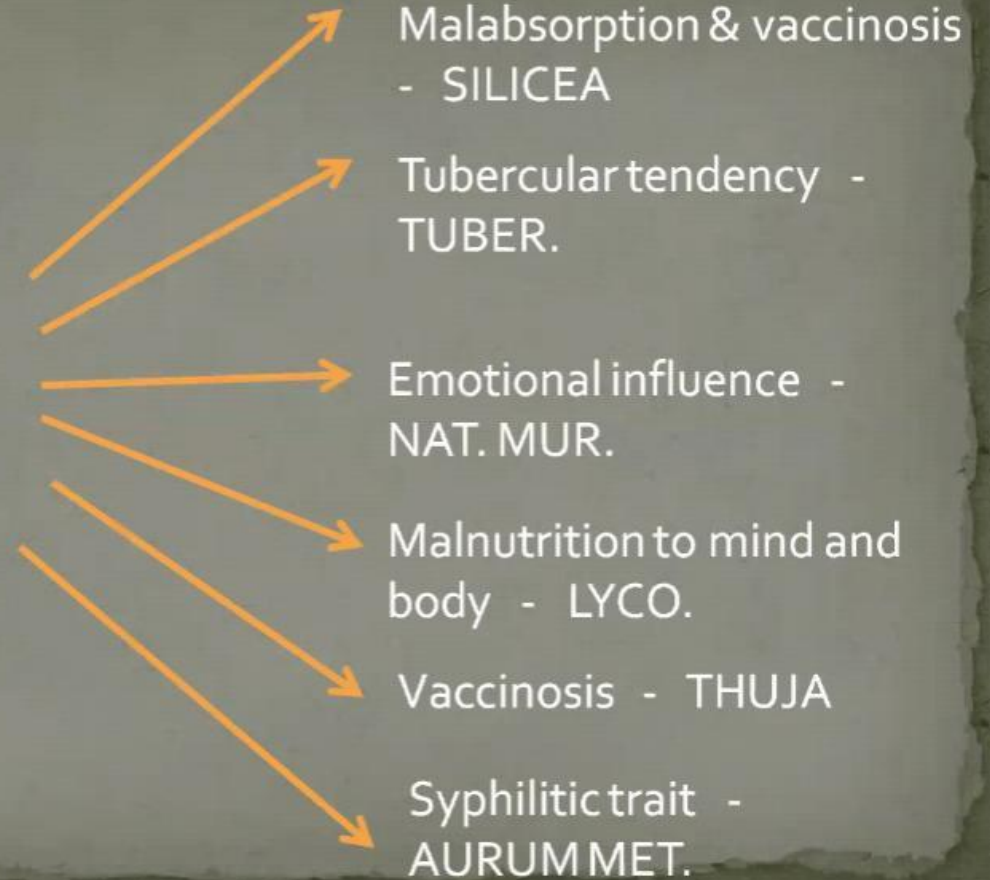
- They are very fond of watching movies – horror movies and frightening things on TV. The child gets scared and has nightmares.
- They are a bit lazy physically so their main hobbies are watching TV or playing on the computer.
- In our chamber they show fear of stethoscope due to painful experience of frequent hospital visits in the past.

- Worms are also very important in calcarea.
- So there is an unnatural craving for eggs, cocoa content, tin food and chocolates, cheese, creams, ice etc. Also they eat dirt, sand and indigestible things.
- Calcarea usually lies on abdomen during sleep and does not like to be touched while sleeping and also grind their teeth.

EVOLUTION OF CALCAREA CARB

- In childhood we see Calcarea manifested the most in the first two yrs of life, then people go to their other fundamental remedy layers. it is a major remedy from childbirth to 2 yrs when they start walking and talking.
- You will see that the infants are really fatty, flabby and chubby. And at 2 or 3 yr of age they thin out and they leave their Calcarea state.

CALC. CARB.



Some general managements

- In migrain increase intake of drinking water
- In respiratory complaints
 1. Bathing should be before 9.30 am
 2. Bathing at punctual time
 3. Powder don't use
 4. Avoid mosquito repellents
 5. Avoid coca & chocolates
 6. Avoid ground nut

THANK YOU...

Prepared by
Safwa usman. N